

Kerian Henderson

Cell: 514-567-7736 Dollard Des Ormeaux (Québec) H9B 2L4 Email:hendersonkeri7@gmail.com

Career Objective

To obtain a position as a certified ,dedicated and compassionate Swedish massage therapist. The goal is to help clients achieve physical relaxation, emotional balance, and overall well-being through the power of touch. While contributing to a wellness environment that values client satisfaction, quality care and holistic health. To foster long term client relationships built on trust and confidentiality.

Profile

- ❖ Strong knowledge of anatomy, physiology, and pathology
- ❖ More than **12** years of experience in education
- ☑ ESOL online **certification**
- ☑ Diligent massage therapist with a positive attitude and initiative
- ☑ Strong sense of initiative and perseverance
- ☑ Trustworthy and ability to work under pressure
- ☑ Excellent Organizational and adaptive skills
- ☑ **Languages: English, Basic French and Japanese**
- ☑ **Computer knowledge: Microsoft office and Internet applications**

Skills

- ★ Proficient in Swedish and therapeutic massage techniques (effleurage, petrissage, friction)
- ★ Pain management and relaxation therapy
- ★ Strong knowledge of anatomy, physiology, and pathology
- ★ Client assessment and treatment planning
- ★ Muscle tension and stress relief
- ★ Adaptability to diverse client needs and conditions
- ★ Excellent communication and interpersonal skills
- ★ Time management and organization
- ★ Treatment planning and documentation
- ★ High Ethical Standards , **CPR & First Aid**

Work Experience

Massage Therapist 2025-till present , Institut Kozi and mobile, Montreal, Canada

Teacher 2025-till present New Frontiers School Board, Chateaugay, Canada

Teacher Quebec Black Board of Educators, Canada **2023-2024**

Teacher 2020-2022 Montego Bay High School, Jamaica

Private Tutor (online) 2019-2022 Students Solutions, Jamaica

English Teacher/Language Instructor 2009-2018 Toyokawa School Board, Nova, Interac, Japan

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Education

Swedish Massage-415 hours **(2005)** , IKRA Academy of Massage Therapy, Montreal, Canada

Francisation Pauline-Julien Centre (May 2023- Jan 2025), Côte -des- Neige, Montréal, Québec, Canada

TEACHER CERTIFICATION ,Texas, USA

Masters in Religion and Human Rights (2005-2007) Roehampton University, London, United Kingdom

Bachelors in Theology 2002-2005 South London Christian College, London, United Kingdom

Volunteer

Youth Director 2024- present MWCOGOP, Canada

- Implementing activities for empowering young people through sports, education and social networking

Executive Member 2019=2025 Women Ablaze Movement

- Planning activities for families focusing on women and children development.
- Do fundraising events to provide scholarships for students that are struggling from financial difficulties

PTA volunteer 2020-2022 Montego Bay High for Girls School, Jamaica

- Communications and Activities between students and parents

ESL Teacher 2016-2020 Online CC Language School, Turkey

- Teach students from different countries (China, Turkey and South Korea)
- focus on conversation, writing and grammar

Interests

Travelling, networking, Athletics, Drama, Debate, Photography, ICT, Community Development Activities